

RESOURCES IN THE VALLEY

Chemical Dependency				
Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
Barth Clinic	Lower/Upper Valley	201 E.Lincoln, Suite 100, Yakima, WA 98901 (509) 457-5653	Medicaid not accepted	https://www.barthclinic.com
Comprehensive Healthcare - Crisis Triage Center Detox	Lower/Upper Valley	505 S. 4th Ave, Yakima, WA 98902 (509) 453-2900	Detox: Open 24 hours, daily Crisis Triage Center (walk-in hours): Monday – Friday 8:00 a.m. – 5:00 p.m.	https://comphc.org/locations/crisis-triage-center/
Dependency Health Services	Lower/Upper Valley	4100 Summitview Ave, Yakima, WA 98908 (509) 248-1200 info@addictiontreatmentservices.com	Private alcohol and drug rehab that offers treatment for a variety of substance abuse addictions including alcoholism, co-occurring mental health disorders, and opiate addiction	https://www.addictiontreatmentservices.com/addiction-treatment/dependency-health-services/
Ideal Option	Lower/Upper Valley	602 N 39th Ave, Ste. 200, Yakima, WA 98902 (877) 522-1275	M-Th 7:00am-6:00pm Closed for lunch from 12:00pm-1:00pm	https://www.idealoption.com/suboxone-clinics/yakima-39th-ave
Merit Resources Services	Lower/Upper Valley	315 N 2nd St, Yakima, WA 98901 (509) 469 - 9366	M-F 8:00am-6:00pm	https://www.meritresources.org/
Sundown M Ranch	Lower/Upper Valley	2280 SR 821, Selah, WA 98901 (800) 326-7444 info@sundown.org	Daily 8:00am-5:00pm	https://sundown.org/
Triumph Treatment Services	Lower/Upper Valley	120 S 3rd St, Yakima, WA 98901 (509) 248-1800 info@triumphtx.org	Accepts Medicaid M-Th: 8am – 6pm F: 8am – 5pm	https://triumphtx.org/
Yakima Valley Vet Center	Lower/Upper Valley	2119 W Lincoln Ave, Yakima 98902 (509) 457-2736	Veterans Insurance 24/7 at (877) 927-8387	https://www.va.gov/yakima-valley-vet-center/
Dependency Health Services (Sunnyside)	Lower Valley	1319 Saul Road South, Sunnyside, WA 98944 (509) 837-2089 Ext. 2700	M-F 8:00am-5:00pm	https://comphc.org/locations/sunnyside/
James Oldham Treatment Center (Buena)	Lower Valley	201 Highland Dr, Buena, WA 98953 (509) 865-6705	24/7	NA
Merit Resources (Sunnyside)	Lower Valley	702 Franklin Ave, Sunnyside, WA 98944 (509) 837-7700	M-F 8:00am-6:00pm	https://www.meritresources.org/
Yakama Nation Comprehensive Alcohol Program	Lower Valley	20 Gunnyon Road, Toppenish, WA 98948 (509) 865-5121 Ext. 4455	Also a youth treatment program	https://cncfr.jbsinternational.com/node/581
Youth Chemical Dependency Behavioral Health Services -YVFWC	Lower/Upper Valley	918 E Mead Ave, Yakima, WA 98903 (509) 453-1344	M-F 8:00am-5:00pm	https://www.yvfwc.com/locations/behavioral-health-services-mead/

RESOURCES IN THE VALLEY

Child Care

Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
Department of Children, Youth and Families	Lower/Upper Valley	1002 N 16th Ave #3, Yakima, WA 98902 (3rd floor) (509) 225-6534 Reception: (509) 225-6500 Toll Free Intake: 855-420-5888 After Hours: 855-420-5888 yak-imal@dshts.wa.gov	M-F 8:00am-5:00pm	https://dcyf.wa.gov/
Henry Beauchamp Community Center – Diaper Bank	Lower/Upper Valley	1211 S 7th St, Yakima, WA 98901 (509) 575-6114	F 9:00-11:00am and 1:30-3:00pm	https://oicofwa.org/locations/campus_detail.html?campus_id=6
OIC of Washington – Diaper Bank	Lower/Upper Valley	1419 Hathaway St, Yakima, WA 98902 (509) 452-7612	W 1:00-2:30pm	https://oicofwa.org/
Parent Trust for WA Children	Lower/Upper Valley	15 N Naches Ave, Yakima, WA 98901 (509) 454-4000	NA	https://www.parenttrust.org/
Seedlings Center for Early Learning	Lower/Upper Valley	2902 Castlevale Rd, Suite A, Yakima, WA 98902 (509) 594-4563	M-F 7:30am to 4:00pm	https://epicnet.org/
Triumph Yakima Valley Diaper Bank	Lower/Upper Valley	102 S Naches Ave, Yakima, WA 98901 (509) 248-1800	M-F, 9:00am-4:30pm Only sizes 1 & 3	https://triumphtx.org/
Yakima Neighborhood Health Services Diapers	Lower/Upper Valley	12 S 8th St, Yakima, WA 98901 (509) 249-6232	M-F 9:00am-Noon, and 1:00pm-4:00pm	https://ynhs.org/
Nak-Nu-We-Sha	Lower Valley	103 Shearer Ln, Toppenish, WA 98948 (509) 865-5121 Ext. 6800	NA	https://yakama.com/programs/nak-nu-we-sha/
Safe Haven Community Center Yakima Valley Farmworkers Clinic	Lower Valley	101 Lincoln Ave, Toppenish, WA 98948 (509) 865-1804	M-F 8:00am-5:00pm	https://www.yvfwc.com/locations/safe-haven/
Toppenish Medical-Dental Clinic Yakima Valley Farmworkers Clinic	Lower Valley	510 W 1st Ave, Toppenish, WA 98948 (509) 865-6677	M-F 8:00am-5:00pm Closed from 12pm-1pm	YVFWC Toppenish
Team Child	Lower/Upper Valley	32 N 3rd St #410, Yakima, WA 98901 (509) 573-4993 questions@TeamChild.org	M-F 9:00am-5:00pm Youth Legal Services Referral team: Referral@TeamChild.org	https://www.teamchild.org/
The Space Youth Center	Lower/Upper Valley	12 S 8th St, Yakima, WA 98901 (509) 574-4216	Open Monday-Friday Call ahead for hours, variety of resources for youth	https://ynhs.org/programs/youth-resources

RESOURCES IN THE VALLEY

Clothing

Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
Love INC	Lower/Upper Valley	226 S 1st St, Yakima, WA 98901 Call Connection Center: (509) 453-0214 Main Office: (509) 453-2942	M-F 8:00am-5:00pm	https://dcyf.wa.gov/
Rods House	Lower/Upper Valley	204 S Naches Ave, Yakima, WA 98901 (509) 895-2665	F 9:00-11:00am and 1:30-3:00pm	https://oicofwa.org/locations/campus_detail.html?campus_id=6
Salvation Army of Yakima Clothing Bank	Lower/Upper Valley	9 S 6th Ave, Yakima, WA 98901 (509) 453-3139	W 1:00-2:30pm	https://oicofwa.org/
YUGM Basic Needs Items	Lower/Upper Valley	1300 N 1st St, Yakima, WA 98901 (509) 248-4510	NA	https://www.parenttrust.org/
YWCA of Yakima Working Women's Wardrobe	Lower/Upper Valley	818 W. Yakima Ave, Yakima, WA 98902 (509) 248-7796	M-F 7:30am to 4:00pm	https://epicnet.org/
Sunrise Outreach Center Food and Clothing Bank	Lower/Upper Valley	10 North 6th Ave, Yakima, WA 98902 (509) 225-9310	M-F, 9:00am-4:30pm Only sizes 1 & 3	https://triumphtx.org/

RESOURCES IN THE VALLEY

Dental				
Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
Toppenish Medical-Dental Clinic Yakima Valley Farmworkers Clinic - Dental	Lower Valley	510 W 1st Ave, Toppenish, WA 98948 (509) 865-3886	M-Th 7:00am-6:00pm	YVFWC Toppenish
Yakama Indian Health Services	Lower Valley	401 Buster Rd, Toppenish, WA 98948 (509) 865-1708	M-F 8:00am-4:00pm Closed from 12pm-12:30pm	Yakama Service Unit Healthcare Facilities

RESOURCES IN THE VALLEY

Domestic Violence

Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
Apple Valley Counseling Service, LLC	Lower/Upper Valley	611 West A Street Yakima, WA 98902 (509) 452-1000 Support@ValleyHC.org	M-F 8:00am-5:00pm Counseling and mental health	https://valleyhc.org/
ASPEN Victim and Advocacy Center	Lower/Upper Valley	402 S 4th Ave, Yakima, WA 98902 (509) 452-9675 or (509) 575-4084 (24h)	M-F 9:00am-5:00pm	https://comphc.org/services/aspen/
Choice Counseling & Consulting	Lower/Upper Valley	3601 W Washington Ave Suite 5, Yakima, WA, 98903 (509) 249-0120	NA	NA
Crime Victims Compensation	Lower/Upper Valley	(800) 762-3716 or 360-902-5355 CrimeVictimsProgramM@Lni.wa.gov	NA	Crime Victim Benefits
Domestic Violence Hotline	Lower/Upper Valley	(800) 799-SAFE or (800) 562-6025	M-Sun 8:00am-5:00pm	NA
National Domestic Violence Hotline	Lower/Upper Valley	1-800-799-SAFE (7233) info@rainn.org	24/7	https://rainn.org/help-and-healing/hotline/
YWCA Domestic Violence Advocate	Lower/Upper Valley	818 W. Yakima Ave, Yakima, WA 98902 (509) 248-7796 hello@ywcayakima.org	M-F 8:00am-5:00pm	https://www.ywcayakima.org/
YWCA Domestic Violence Shelter	Lower/Upper Valley	819 W. Yakima Ave, Yakima, WA 98902 (509) 248-7796 hello@ywcayakima.org	24/7	https://www.ywcayakima.org/

RESOURCES IN THE VALLEY

Food Assistance

Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
Yakama Nation Commodity	Lower Valley	802 E 1st Ave, Toppenish, WA 98948 (509) 865-5121	M-F 8:00am-11:30am Reservation, Residents only	https://www.findhelp.org/yakama-nation-government
Rod's House Meals for Youth 13-24	Lower/Upper Valley	204 S Naches Ave, Yakima, WA 98901 (509) 895-2665 office@rodshouse.org	Not specified, call for serving times or check website	https://rodshouse.org/
Sunrise Outreach Center - Wapato Food Pantry	Lower Valley	117 S Ivy St Wapato WA 98951 (509) 225-9310	T & F 9:30am-11:30am	https://www.socyakima.com/programs/food-pantries/
Sunrise Outreach Center - Sunnyside Food Pantry	Lower Valley	529 S 9th St, Sunnyside, WA 98944 (509) 225-9310	Fridays 8:00am-10:30am	https://www.socyakima.com/programs/food-pantries/
Noah's Ark Food Distribution	Lower Valley	117 E 2nd St, Wapato, WA 98951 (509) 877-6337	M-Sun Breakfast: 8:00am-9:00am Lunch: 12:00pm-1:00pm Dinner: 5:00pm Clothing and hygiene available	https://generatinghope.org/services/
Yakima Fairview Seventh-day Adventist Church	Lower/Upper Valley	1010 S Fair Ave, Yakima, WA 98901 (509) 248-9292	10:00am-2:00pm 2nd & 4th Sunday of the month	https://www.fairviewadventist.org/
Seventh Day Adventist Church - Grandview	Lower Valley	110 N Elm St Grandview, WA 98930 (509) 882-1314 office@rodshouse.org	W 9:00am-11:00am	https://grandviewsda.org/
Department of Social & Health Services (DSHS) EBT	Lower/Upper Valley	1002 N 16th Ave, Yakima, WA 98902 (509) 225-6100 or 1888-437-4149	M-F 8:00am-5:00pm	https://www.washingtonconnection.org/home/
O.I.C. Henry Beauchamp Community Center	Lower/Upper Valley	1211 S 7th St, Yakima, WA 98901 (509) 575-6114	M 2:00pm-3:00pm	https://www.harvestagainsthunger.org/
Salvation Army Food Distribution Center - Grandview	Lower Valley	246 Division St, Grandview, WA 98930 (509) 882-2584	T & Th 10:00am-2:00pm	https://yakima.salvationarmy.org/
Granger Food Bank	Lower Valley	118 Main St, Granger, WA 9893 (509) 930-0800	M 3:30pm-5:00pm, Closed Holidays Proof of Granger Residency	NA
Highland Food Bank	Lower/Upper Valley	416 Maple St., Tieton, WA 98947 (509) 901-7800 highlandfoodbank@yahoo.com	Sat 8:00am-10:00am	http://www.highlandfoodbank.org/

RESOURCES IN THE VALLEY

Food Assistance (cont'd)

Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
Fairview Seventh Day Adventist Food Bank	Lower/Upper Valley	1010 S Fair Ave Yakima, WA 98901 (509) 969-4823	Last Thursday of each month 2:00pm to 3:00pm Holidays hours: Thanksgiving and Christmas is the Thursday before	https://washingtonfoodpantry.org/food-bank/yakima-fairview-seventh-day-adventist-church-food-pantry/
OIC of WA Food Bank	Upper Valley	1419 Hathaway St, Yakima, WA 98902 (509) 248-6751, for pickup (509) 955-2360 For general questions Contact Mario Gonzalez at (509) 864-1173	T 8:00am-12:00pm After-Hours Food Relief Pickup: 4:00pm - 6:00pm Drive Up Only	https://oicofwa.org/programs/support/nutrition/
Salvation Army	Lower/Upper Valley	9 S 6th Ave, Yakima, WA 98902 (509) 453-3139	M & Th 2:00pm-4:00pm Emergency food bags: M-F 2:00pm-4:30pm	https://yakima.salvationarmy.org/
Selah Naches Food Bank	Lower/Upper Valley	810 N Park Dr, Selah, WA 98942 (509) 698-2336	M & F 9:00 – 11:00 am, W 5:00 – 7:00pm Located behind Grocery Outlet	https://selahnachesfoodbank.org/
Seventh Day Adventist Food Bank	Lower/Upper Valley	507 N 35th Ave, Yakima, WA 98902 (509) 452-2041	T 9:30am-11:30am	https://yakimasda.org/food-bank/
St. Michael's Pantry	Lower/Upper Valley	5 S Naches Ave, Yakima, WA 98901 (509) 453-4881	F 10:00am-12:00pm	https://stmichaelsmission.spokanediocese.org/
St. Vincent De Paul	Lower/Upper Valley	2629 Main St, Union Gap, WA 98903 (509) 457-5111	T & F 8:00am-11:00am Emergency clothing and household items as well	https://catholiccharitiescw.org/yakima/st-vincent
Sunrise Outreach Center	Lower/Upper Valley	221 E MLK Blvd, Yakima, WA 98901 (509) 225-9310	M-F 8:30am-4:00pm Homeless sandwich outreach	https://www.socyakima.com/
Sunrise Outreach Center - Yakima Food Pantry	Lower/Upper Valley	10 North 6th Avenue, Yakima, WA 98902 (509) 225-9310	Th 10:00 am – 12:00pm	https://www.socyakima.com/programs/food-pantries/
The Pantry Community Food Bank - Moxee	Lower/Upper Valley	7203 Mieras Rd, Yakima, WA 98901 (509) 452-6138	Third Thursday of each month 3:00pm-6:00pm Located behind the East Valley Church	https://www.evrchurch.org/?s=food+pantry
Wesley United Methodist	Lower/Upper Valley	14 N 48th Ave, Yakima, WA 98908 (509) 966-2370	M-F	https://www.wesleyofyakima.org/home
Yakima County Veterans Relief Fund*	Lower/Upper Valley	223 N 1st St, Yakima, WA 98901 (509) 574-1537	M-F Call first, veterans only, low income (proof of income), and DD214	https://www.yakimacounty.us/159/Veterans-Program
Yakima Rotary Food Bank	Lower/Upper Valley	703 Central Ave, Yakima, WA 98901 (509) 853-8918	Fridays 8:30am-12pm Please bring strong bags, a box, or some other way to transport your food	https://yakimarotaryfoodbank.org/
Toppenish Community Chest Food	Lower Valley	4 N B St, Toppenish, WA 98948 (509) 865-5311	M & Th 9:30-11:30am	Community Chest

RESOURCES IN THE VALLEY

Housing				
Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
Yakima Neighborhood Health Services Connections	Lower/Upper Valley	102 S Naches Ave, Yakima, WA 98901 Yakima: (509) 834-2098 or (509) 249-6232	M-F 9:00am-5:00pm, Personal hygiene, essential needs products, medical, housing	https://ynhs.org/programs/homeless-services/
American Red Cross-Yakima Valley Chapter	Lower/Upper Valley	302 S 2nd St, Yakima, WA 98901 (509) 834-2660 or (800) 733-2767	W 12:00pm-6:00pm , Th 12pm-4:30pm , F 9:00am-1:30pm Can assist with displacement after home fires, disasters, and more	Red Cross
Camp Hope	Lower/Upper Valley	2300 E Birch St, Yakima, WA 98901 (509) 424-1228 chy.director@gmail.com	Open 24 hours, Low-barrier emergency shelter for homeless single men, women, couples, and mothers with children; dogs are allowed	https://camphopeyakima.com/
Elaine May Smith	Lower/Upper Valley	(509) 697-9134	Temporary shelter for pets belonging to people who are homeless	NA
Foundational Community Supports – Wellpoint	Lower/Upper Valley	(844) 451-2828	Help with jobs, housing, and living independently	FCS
Mabel Swan Manor	Lower/Upper Valley	10 S 8th Ave, Yakima, WA 98902 (509) 248-5151 info@condominium-management.com	Open 24 hours, Low-income housing for seniors 62 and older	Mabel Swan Manor
Next Step Housing	Lower/Upper Valley	2900 Powerhouse Rd, Suite 120, Yakima, WA 98902 (509) 853-5108	Bicycle Apartments, Sober housing for individuals impacted by substance abuse	https://www.nextstephousing.com/
Oxford House – Bachelor Creek	Lower/Upper Valley	1306 West Pierce Street Yakima, WA 98902 (509) 424-3308	All male facility for recovering alcholics and substance addicts	NA
Park Village and Selah Park Apartments	Lower/Upper Valley	554 S 5th St Selah, WA 98942 (509) 697-9830	Affordable hosing for all persons	NA
Rod's House	Lower/Upper Valley	204 S Naches Ave, Yakima, WA 98901 (509) 895 - 2665 office@rodshouse.org	M-F 12:00pm-4:00pm Youth Day Center: daytime meals, food, clothing, and social services for homeless youth Young Adult Winter Shelter: ages 18-24; meals and a safe place to stay Days Inn: Shelter	https://rodshouse.org/
Selah Square Apartments	Lower/Upper Valley	303 N Wenas Rd, Selah, WA 98942 (509) 697-7409	M-F 9:00am-3:00pm, Affordable housing for all persons	https://www.apartmenthomeliving.com/selah-wa
Sunrise Outreach Center	Lower/Upper Valley	10 North 6th Ave Yakima, WA 98902 (509) 225-9310 infoSOCyakima@gmail.com	M-F 9:00am-4:00pm	https://www.socyakima.com/
The Grand Hotel Apartments	Lower/Upper Valley	308 E Yakima Ave Yakima, WA 98901 (509) 469-9264	MWF 1:00pm-5:00pm, Affordable senior living for those over the age of 55	https://www.thegrandhotelapts.com/
Union Gospel Mission	Lower/Upper Valley	1300 N 1st St, Yakima, WA 98901 (509) 248-4510 info@yugm.org	Open 24 hours Shelter, food, and clothing for men, women, and children; medical services available on the premise.	https://yugm.org/
Yakima Neighborhood Health – Bright Futures	Lower/Upper Valley	602 E Yakima Ave, Yakima, WA 98901 (509) 249-6232	M-F 9:00M-12:00pm, 1:00pm-4:00pm Case management and other services to help single, disabled, chronically homeless individuals; help with housing and, in some cases, deposit and f irst month's rent are available	https://ynhs.org/

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Housing (cont'd)				
Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
Yakima Neighborhood Health Services– Neighborhood Connections	Lower/Upper Valley	102 S Naches Ave, Yakima, WA 98901 (509) 834-2098 or (509) 249-6232	M-F 8:00am-5:00pm Respite care for homeless persons who are injured, too ill to be in shelters, or on the streets, but not sick enough to be in the hospital	https://ynhs.org/
Yakima County Homeless Resource Center – The 107 House	Lower/Upper Valley	107 S. 6th St., Yakima, WA 98901 (509) 249-6232	M-F 9:00am-12pm, 1:00p,m-4:00pm Transit tickets, utility assistance, clothing, blankets, hygiene supplies, other. 509-248-7796 Survivors of domestic violence. Homeless shelter for families with children under age of 18.	NA
Yakima Housing Authority	Lower/Upper Valley	810 N 6th Ave, Yakima, WA 98902 (509) 453-3106	M-F 9:00am-5:30pm, Provides high-quality, affordable housing for all persons	https://yakimahousing.org/
YWCA Domestic Violence Emergency Shelter	Lower/Upper Valley	818 W Yakima Ave, Yakima, WA 98902 (509) 248-7796	Shelter: 24 /7 Office Hours: M-F 8:00am-5:00pm Serves women and children	https://www.ywcayakima.org/
Noah’s Ark, Wapato	Lower Valley	117 E 2nd St, Wapato, WA 98951 (509) 877-6337or (509) 584-0055	Shelter: 24/7 Services: M-Sun 8:00am-10:00pm Meals, showers, laundry, and night beds; open year-round Provides outreach and day services	https://generatinghope.org/
Northridge Apartments	Lower Valley	705 Westwind Dr, Zillah, WA 98953 (509) 829-3089	Affordable housing for seniors or disabled persons of any age	NA
Northwest Community Action Center Re-housing program	Lower Valley	706 Rentschler Ln, Toppenish, WA (509) 865-7630	M-F 8:00am-5:00pm	https://www.yvfwc.com/service/housing-support-services/
Sandalwood Apartments	Lower Valley	819 Guyette Ln, Toppenish, WA 98948 (509) 865-3117	Affordable housing for all persons	NA
Sunnyside Housing Authority	Lower Valley	204 S 13th St, Sunnyside, WA 98944 (509) 837-5454	M- F 1:00pm-5:00pm Affordable Housing, Limited income Families, Apartments 1-5 Bedrooms	https://sunnysideha.org/
The Commons	Lower Valley	501 W 5th Street, Grandview, WA 98930 (509) 882-2867	Low-income apartments, Section 8 Housing	NA
The Commons	Lower Valley	711 Rentschler Ln, Toppenish, WA 98948 (509) 865-3117	Low-income apartments, Section 8 Housing	NA
Village of Hope	Lower Valley	709 S Division St, Toppenish, WA 98948 (509) 314-4193	Shelter: 24/7 Office Hours: M-F 8:00am-5:00pm Homeless Encampment	NA
Willow Park Apartments	Lower Valley	1328 Saul Rd, Sunnyside, WA 98944 (509) 839-2138	M-Th 8:00am-10:00am, Affordable housing for seniors or disabled persons of any age	NA
Yakama Nation Housing Authority	Lower Valley	611 S. Camas Avenue Wapato, WA 98951 (509) 877-6171	M-Th 8:00am-4:30pm, Low income, rental, homebuyer Aassistance	https://ynha.org/
Rod's House - Sunnyside	Lower Valley	610 McClain Dr. Sunnyside, WA 98944 (509) 515-2122	Only serve youth ages 13-24 currently living in Yakima County	https://rodshouse.org/young-adult-emergency-shelter/

RESOURCES IN THE VALLEY

Medical				
Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
Catholic Charities	Lower/Upper Valley	5301 Tieton Dr, Suite C, Yakima, WA 98908 (509) 965-7100 or (509) 965-7109 (childcare)	M- F 8:00am-6:00pm Individual, family, couples, and group counseling for children and adults. Private insurance, Medicaid, and sliding fee scale	https://catholiccharitiescw.org/
Central Washington Family Medicine	Lower/Upper Valley	1806 W Lincoln Ave, Yakima, WA 98902 (509) 452-4520	M-F 8:00am-7:30pm	https://www.chcw.org/cwfm-yakima-clinic/
Comprehensive Healthcare	Lower/Upper Valley	402 S 4th Ave, Yakima, WA 98902 Appointments: (509) 575-4084 Crisis hotline: (509) 575-4200 Toll-free crisis line: 1 (800) 572-8122	M-F 8:00am-5:00pm Mental health, substance abuse, and walk-in crisis clinic Help with Medicaid or refer to Community Services Office (the Depot)	https://comphc.org/locations/yakima/
Department of Social and Health Services	Lower/Upper Valley	1002 N 16th Ave, Yakima, WA 98902 (877) 501-2233	M-F 8:00am-5:00pm	https://www.dshs.wa.gov/
Health Insurance Coverage (Apply) YNHS	Lower/Upper Valley	610 East Yakima Ave, Yakima, WA 98901 (509) 853-2377 or (509) 454-4143	M-F 8:30am-5:30pm	YNHS
Henry Beauchamp Community Center Free Health Clinic	Lower/Upper Valley	1211 S 7th St, Yakima, WA 98901 (509) 853-2372 or (509) 575-6114	M-F 8:00am-5:00pm	OIC
Image Point Mobile Medical Services	Lower/Upper Valley	411 S 12th Ave, Yakima, WA 98902 (509) 654-2341	M -Th 9:00am-4:00pm	https://www.imagepoint.org/
Life Choices Pregnancy Resource and Medical Center	Lower/Upper Valley	305 S 11th Ave, Suite 1, Yakima, WA 98902 (509) 248-2273	M-F 10am-5pm	https://www.lifechoicesyakima.com/
MultiCare Yakima Memorial Emergency Room	Lower/Upper Valley	2811 Tieton Dr, Yakima, WA 98902 (253) 403-1000	24/7, Medical and mental health emergencies (with separate mental health facility); accepts Medicaid; will bill or work with the client for payment	Multicare
Personal Hygiene - LOVE INC	Lower/Upper Valley	226 S 1st St, Yakima, WA 98901 (509) 453-2942	M-Th 10:00am-3:00pm	https://loveincyakima.org/
Suicide Prevention/Mental Health Crisis Line	Lower/Upper Valley	Dial 988	24/7/365	https://988lifeline.org/
Yakima County Health District	Lower/Upper Valley	1210 Ahtanum Ridge, Yakima, WA 98903 (509) 575-4040	T 9:30am-4:00pm, W 8:30am-4:00pm Can provide COVID-19 and STI & HIV test services	https://www.yakimacounty.us/2871/Health-District
Yakima Neighborhood Health Services	Lower/Upper Valley	12 S 8th St, Yakima, WA 98901 (509) 454-4143	M-F 7:30am-6:30pm, Sat 8:30am-6:00pm Medical, dental, vision, maternity, and WIC Walk-in clinic, help with insurance, and homeless services	NA
Yakima Neighborhood Health Services - Sunnyside	Lower Valley	617 Scoon Road Sunnyside, WA 98944 Sunnyside: (509) 837-8200 or (509) 515-0580	M-F 8:00am–6:30pm Sat 8am–1pm	https://ynhs.org/locations/sunnyside

RESOURCES IN THE VALLEY

Medical (cont'd)

Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
Yakima Neighborhood Health Services - Granger	Lower Valley	111 & 112 Main St, Granger, WA 98932 (509) 317-2182	M-F 8:00am-6:30pm, Sat 8:00am-1:00pm Medical Services, Dental Services Help with insurance, basic needs at Resource Center	https://ynhs.org/locations/granger
Yakima Teen Clinic - Yakima Pediatric Associates	Lower/Upper Valley	402 S. 12th Ave, Yakima, Washington 98902 (509) 575-0114	M-F 8:00am-5:15pm	https://www.chcw.org/yakima-pediatrics/
Yakima Valley Farmworkers Clinic	Lower/Upper Valley	2205 W Lincoln Ave, Yakima, WA 98902 Medical: (509) 249-3334 Dental: (509) 248-1082	M-F 7:30am-7:00pm, Sat 9:00am-4:00pm	https://www.yvfwc.com/locations/
Astria Health Center	Lower Valley	1016 Tacoma Ave, Sunnyside, WA 98944 Sunnyside hospital: (509) 837-1500	Open 24/7	https://www.astria.health/locations/
Astria Health Center	Lower Valley	502 W 4th Ave, Toppenish, WA 98948 Toppenish hospital: (509) 865-3105	Open 24/7	https://www.astria.health/locations/
Department of Social and Health Services - Toppenish	Lower Valley	4 E 3rd Ave Toppenish, WA 98948 (877) 501-2233 or (509) 955-7344	M-F 8:00am-5:00pm, Food, Cash, Medical	https://www.dshs.wa.gov/location/dshs-cso-075
Department of Social and Health Services - Sunnyside	Lower Valley	3302 Picard Place Sunnyside, WA 98944 (877) 501-2233 or (509) 955-7345	M-F 8:00am-5:00pm, Food, Cash, Medical	https://www.dshs.wa.gov/location/dshs-cso-054
Toppenish Adult Medicine	Lower Valley	505 W 4th Ave, Toppenish, WA 98948 (509) 865-1560	M-F 8:00am-5:00pm	NA
Toppenish Medical-Dental Clinic Yakima Valley Farmworkers Clinic - Medical	Lower Valley	510 W 1st Ave, Toppenish, WA 98948 (509) 865-5600	M-F 7:30am-8:00pm, Sat 9:00am-4:00pm	YVFWC Toppenish
Toppenish Medical-Dental Clinic Yakima Valley Farmworkers Clinic - Optometry	Lower Valley	510 W 1st Ave, Toppenish, WA 98948 (509) 865-0800	M-F 8:00am-5:00pm	YVFWC Toppenish
Yakama Indian Health Services- Main Clinic Building Access	Lower Valley	401 Buster Rd, Toppenish, WA 98948 (509) 865-2102	M-F 8:00am-6:30pm* (Pharmacy access only after 5PM) Closed to patients on Thursdays 8:00AM -12:30PM	Yakama Service Unit Healthcare Facilities
Yakama Indian Health Services- Appointments	Lower Valley	401 Buster Rd, Toppenish, WA 98948 (509) 865-1709	M-W 8:30am-11:30am, M-F 1:00pm-3:30pm	https://www.ihs.gov/portland/healthcarefacilities/yakama/
Best Practices Medical Clinic	Lower/Upper Valley	715 N Park Drive, Selah, WA 98942 (509) 698-2624	M-F 8:00am-5:00pm Urgent Care: M-F 7:30am-7:30pm, Sat-Sun 9:30am-5:30pm	https://bestpracticesselah.com/
Children's Village	Lower/Upper Valley	3801 Kern Road, Yakima, WA 98902 (509) 574-3200	M-F 7:00am-6:00pm Phone lines: M-F 8:00am-5:00pm	https://www.yakimachildredivillage.org/
Planned Parenthood	Lower/Upper Valley	1117 Tieton Dr, Yakima, WA 98902	M-F 8:00am-6:00pm (866) 904-7721	https://www.plannedparenthood.org/get-care/our-services

RESOURCES IN THE VALLEY

Mental Health				
Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
Apple Valley Counseling Service	Lower/Upper Valley	611 W A St, Yakima, WA 98902 (509) 452-1000 Support@ValleyHC.org	Mostly court ordered treatment services; accepts private insurance, private pay, and sliding fee scale	https://valleyhc.org/
Catholic Charities	Lower/Upper Valley	5301 Tieton Dr, Suite C, Yakima, WA 98908 (509) 965-7100	Individual, family, couples, and group counseling for children and adults. Private insurance, Medicaid, and sliding fee scale	https://catholiccharitiescw.org/service/s/behavioral-health-counseling
Comprehensive Healthcare	Lower/Upper Valley	402 S 4th Ave, Yakima, WA 98902 (509) 575-4084	Accepts Medicaid	https://comphc.org/locations/
Yakima Valley Farmworkers Clinic	Lower/Upper Valley	918 E Mead Ave, Yakima, WA 98903 (509) 453-1344	M-F 8:00am-5:00pm This address is for behavioral health services, you must already be a patient at the clinic; accept Medicaid, and you must make some arrangement to pay. Numerous locations in Washington	https://www.yvfwc.com/
Toppenish Medical-Dental Clinic Yakima Valley Farmworkers Clinic - Behavioral Health	Lower Valley	510 W 1st Ave, Toppenish, WA 98948 (509) 865-3127	M-F 8:00am-5:00pm	YVFWC Toppenish
NW Behavioral Modification Clinic	Lower/Upper Valley	917 East Pitcher St, Yakima, WA 98901 (509) 457-8554	M-Sun 9:00am-5:00pm	Northwest Behavioral Modification - Yakima
NW Behavioral Modification Clinic	Lower Valley	304 S 7th St, Sunnyside, WA 98944 (509) 643-4944	M-Sun 9:00am-5:00pm	Northweat Behavioral Modification Center - Sunnyside

RESOURCES IN THE VALLEY

Parenting				
Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
LifeChoices	Lower/Upper Valley	305 S. 11th Ave. Suite 1, Yakima, WA 98902 (509) 248-2273	M-F 10:00am-5:00pm Parenting classes, resources, material assistance & one-on-one support for new parents	https://www.lifechoicesyakima.com/pregnancy-parenting-support
Catholic Charities	Lower/Upper Valley	5301 Tieton Dr Ste G, Yakima, WA 98908 (509) 965-7100	M-F 8:00am-12:00pm (contact for more hours)	https://catholiccharitiescw.org/yakima/services/parenting-education
Catholic Charities - PREPARES	Lower/Upper Valley	5301 Tieton Dr Ste G, Yakima, WA 98908 (509) 965-7100	M-F 8:00am-12:00pm (contact for more hours)	https://catholiccharitiescw.org/yakima/services/prepares
Catholic Charities - Kinship	Lower/Upper Valley	5301 Tieton Dr Ste G, Yakima, WA 98908 (509) 965-7101	M-F 8:00am-12:00pm (contact for more hours)	https://catholiccharitiescw.org/yakima/services/kinship
Children's Village - Parent to Parent	Lower/Upper Valley	3801 Kern Road, Yakima, WA 98902 (509) 574-3200 Tracie.Hoppis@multicare.org	M-F 8:00am-5:00pm Emotional support and information to families raising children with special health or developmental needs	https://www.yakimachildreenvillage.org/services/parent-to-parent/
Birthright of Yakima	Lower/Upper Valley	313A. S. 11th Ave, Yakima, Washington, 98902 (509) 248-9783	M-F 10:00am-1:00pm Support for young mothers, or those experiencing unplanned pregnancies, for as long as they need	https://birthright.org/yakima/
Comprehensive Healthcare - Strong Families/Familias Fuertes	Lower/Upper Valley	402 S 4th Ave, Yakima, WA 98902 (509) 575-4084	M-F 8:00am-5:00pm Must be a caregiver, parent, or grandparent, free parenting classes	https://www.findhelp.org/education/parenting-education--yakima-wa

RESOURCES IN THE VALLEY

Sexual Assault				
Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
National Sexual Assault Hotline	Lower/Upper Valley	(800) 656-HOPE victimsupport@rainn.org	24/7	https://rainn.org/help-and-healing/hotline/
Youth Help Room	Lower/Upper Valley	N/A	24/7 Moderated group chat room for youth 24 years of age and under Separate chats for ages 14-17 and 18-24 Anonymous, resources, support, but not a substitute for professional healthcare	https://rainn.org/help-and-healing/hotline/youth-helproom/

RESOURCES IN THE VALLEY

Transportation				
Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
Yakima Transit	Lower/Upper Valley	104 S 4th St, Yakima, WA 98901 (509) 575-6175, (509) 576-6423 (Spanish)	M-F 5:30am-6:30pm, Sat 7:00am-6:30pm, Sun 8:00am-4:00pm Monthly Passes – Youth ride free with school ID Passes also available at: Wray’s Grocery Store: 401 W Nob Hill Blvd, Yakima, WA 98902 (509) 248-0610 - 8:00am-6:00pm Wray’s Grocery Store: 5605 Summitview Ave, Yakima, WA 98908 (509) 966-2660 - 8:00am-7:00pm	https://www.lifechoicesyakima.com/pregnancy-parenting-support
Dial-a-Ride	Lower/Upper Valley	2301 Fruitvale Blvd., Yakima, WA 98902 (509) 575-6175 or (509) 575-6054 transit@yakimawa.gov	M-F 5:30 am - 6:30 pm, Sat 7:00 am - 6:30 pm, Sun 8:00 am - 4:00 pm Will need to apply to qualify For individuals with disabilities or conditions that prevent from using a lift or ramp equipped bus some or all of the time	https://catholiccharitiescw.org/yakima/services/parenting-education
People for People	Lower/Upper Valley	304 W Lincoln Ave, Yakima, WA 98902 (509) 248-6726	M-F 8:00am-5:00pm, Call to make a reservation Transportation to meal sites, healthcare, employment, social services, and other resources	https://catholiccharitiescw.org/yakima/services/prepares