

# RESOURCES IN THE VALLEY

Parenting				
Organization Name	Lower/Upper Valley	Contact Information	Additional Information	Website
LifeChoices	Lower/Upper Valley	305 S. 11th Ave. Suite 1, Yakima, WA 98902 (509) 248-2273	M-F 10:00am-5:00pm Parenting classes, resources, material assistance & one-on-one support for new parents	<a href="https://www.lifechoicesyakima.com/pregnancy-parenting-support">https://www.lifechoicesyakima.com/pregnancy-parenting-support</a>
Catholic Charities	Lower/Upper Valley	5301 Tieton Dr Ste G, Yakima, WA 98908 (509) 965-7100	M-F 8:00am-12:00pm (contact for more hours)	<a href="https://catholiccharitiescw.org/yakima/services/parenting-education">https://catholiccharitiescw.org/yakima/services/parenting-education</a>
Catholic Charities - PREPARES	Lower/Upper Valley	5301 Tieton Dr Ste G, Yakima, WA 98908 (509) 965-7100	M-F 8:00am-12:00pm (contact for more hours)	<a href="https://catholiccharitiescw.org/yakima/services/prepares">https://catholiccharitiescw.org/yakima/services/prepares</a>
Catholic Charities - Kinship	Lower/Upper Valley	5301 Tieton Dr Ste G, Yakima, WA 98908 (509) 965-7101	M-F 8:00am-12:00pm (contact for more hours)	<a href="https://catholiccharitiescw.org/yakima/services/kinship">https://catholiccharitiescw.org/yakima/services/kinship</a>
Children's Village - Parent to Parent	Lower/Upper Valley	3801 Kern Road, Yakima, WA 98902 (509) 574-3200 <a href="mailto:Tracie.Hoppis@multicare.org">Tracie.Hoppis@multicare.org</a>	M-F 8:00am-5:00pm Emotional support and information to families raising children with special health or developmental needs	<a href="https://www.yakimachildreenvillage.org/services/parent-to-parent/">https://www.yakimachildreenvillage.org/services/parent-to-parent/</a>
Birthright of Yakima	Lower/Upper Valley	313A. S. 11th Ave, Yakima, Washington, 98902 (509) 248-9783	M-F 10:00am-1:00pm Support for young mothers, or those experiencing unplanned pregnancies, for as long as they need	<a href="https://birthright.org/yakima/">https://birthright.org/yakima/</a>
Comprehensive Healthcare - Strong Families/Familias Fuertes	Lower/Upper Valley	402 S 4th Ave, Yakima, WA 98902 (509) 575-4084	M-F 8:00am-5:00pm Must be a caregiver, parent, or grandparent, free parenting classes	<a href="https://www.findhelp.org/education/parenting-education--yakima-wa">https://www.findhelp.org/education/parenting-education--yakima-wa</a>